Choosing Wisely Curriculum   **PGY: 2**
NGMC- Family Medicine Residency Program
Gainesville, Ga

Description of Activity:

Increasing administrative responsibilities—due to regulatory pressures and evolving payment and care-delivery models—reduce the amount of time physicians spend delivering direct patient care. When both physicians and patients understand how to make wise treatment decisions—such as choosing care that is supported by evidence, is not duplicative, has the lowest possible risk for harm, and is truly necessary—patient care and physician satisfaction will improve. When patients are informed about how tests, treatments, and procedures are selected and involving them in the decision-making process of their care, patients can feel more satisfied. In turn, physicians will also be more satisfied when they are able to make treatment decisions for patients that they believe are best rather than those that will protect them from malpractice claims. Through this activity, residents will identify an opportunity, put into steps into their practice that will help make positive changes for their panel of patients.

Overall Goals of Choosing Wisely:

- Explain how the selection of evidence-supported treatment improves patient care. (MK, PC, C)
- Describe how to select evidence-supported treatment using Choosing Wisely® lists. (C)
- Discuss how to implement Choosing Wisely® within their practice. (PBLI)
- Identify ways to use Choosing Wisely® data to improve performance. (PBLI)
- Set goals for 3, 6, and 12-month improvement. (PBLI)
- Use PDSA process to make a strategy for change. (PBLI)
- Communicate to team the changes needed and set up accountability milestones (C, SBP)
- Measure performance to goals and work with faculty Mentor on next steps. (PBLI, SBP)

MK Topic	On-Line Resource
Choosing wisely	http://www.choosingwisely.org/
PDSA	http://www.ihi.org/resources/Pages/Tools/PlanDoStudyActWorksheet.aspx
Improvement Tools	http://www.ihi.org/resources/Pages/AudioandVideo/WIHI-Seven-Popular-Improvement-Tools-and-When-To-Use-Them.aspx