



Night Float Curriculum

NGMC- Family Medicine Residency Program
Gainesville, Ga

PGY: 1

Description of Rotation:

This is a four-week block inpatient experience with direct/indirect supervision by Family Medicine Faculty, and third year residents. On Night float residents will have in house direct supervision by 3rd year residents and on call Family Medicine attendings.

Overall Goals of Night Float Rotation:

This rotation provides an opportunity to gain experience in diagnosis and management of patients with a variety of acute medical problems in the inpatient setting. This rotation is a core rotation for the all PGY1 and PGY3 residents. All the Competency Milestones are pertinent to this rotation. Interns should be able to be able to develop a basic level of competence in the skills listed. As the rotation progresses they should be able to perform the skills with less supervision, at a higher level (i.e. elicit subtle physical findings), in multiple patients and in more complex patients. Senior residents should be almost independent in these skills, and able to deal with unexpected events and ambiguous situations

Patient Care Objectives and Competencies

- PC-1: Cares for Acutely ill or injured patients in urgent and emergent situations in all settings.
- PC-2: Cares for patients with chronic conditions.
- PC-3: Partners with the patient, family, and community to improve health through disease prevention and health promotion.
- PC-4: Partners with the patient to address issues of ongoing signs, symptoms, or health concerns that remain over time without clear diagnosis despite evaluation and treatment, in a patient-centered, cost-effective manner.

Objectives:

- Gather accurate information about patients, including performing a thorough history and physical examination on new patients and a focused evaluation on cross-coverage patients
- Synthesize data into a prioritized problem list and differential diagnosis, then formulate diagnostic and therapeutic plans (PC-2)
- Monitor and follow up patients appropriately
- Prioritize each day's work for your own patients
- Know the indications, contraindications, and risks of some invasive procedures and competently perform some invasive procedures

Medical Knowledge Objectives and Competencies

- MK-1: Demonstrate medical knowledge of sufficient breadth and depth to practice family medicine.
- MK-2: Applies critical thinking skills in patient care.

Objectives:

- Demonstrate an increasing fund of knowledge in the range of common problems encountered in inpatient internal



medicine and utilize this knowledge in clinical reasoning. While on Firm Night Float the resident should become familiar with the diagnostic and therapeutic approach to patients with:

- Chest pain
 - ii. Shortness of breath
 - iii. Fever
 - iv. Mental status changes
 - v. Abdominal pain
 - vi. GI bleeding
 - vii. Syncope and lightheadedness
 - viii. Renal failure, acute and/or chronic
 - ix. Anemia
 - x. Hypertension and hypertensive urgency
 - xi. Diabetes mellitus
 - xii. Pneumonia
 - xiii. Urinary tract infection
 - xiv. Soft tissue infections (such as cellulitis, diabetic foot infection, decubitus ulcer)
 - xv. Alcohol withdrawal
- Residents will demonstrate an increasing ability to teach others (Patients, students)

Topics to cover in rotation:

MK Topic	Online Resource
COPD Exacerbation	https://www.aafp.org/afp/2010/0301/p607.html
DVT and PE	https://www.aafp.org/afp/2017/0301/p295.html
C.diff Infection	https://www.aafp.org/afp/2018/0201/p196.html
Acute Kidney Injury	https://www.aafp.org/afp/2012/1001/p631.html
Community Acquired PNA	https://www.aafp.org/afp/2016/1101/p698.html
Sepsis	https://www.aafp.org/afp/2013/0701/p44.html
Skin & Soft Tissue Infection	https://www.aafp.org/afp/2015/0915/p474.html
Pneumonia	http://www.aafp.org/afp/20040901/899.html
Delirium	https://www.aafp.org/afp/2014/0801/p150.html
Atrial Fibrillation	https://www.aafp.org/afp/2016/0915/p442.html

Interpersonal and Communication Skills Objectives and Competencies

- C-1: Develop meaningful, therapeutic relationships with patients and families.
- C-2: Communicates effectively with patients, families, and the public.
- C-3: Develops relationships and effectively communicates with physicians, other health professionals, and health care teams.



- C-4: Utilizes technology to optimize communication

Objectives:

- Demonstrate caring and respectful behaviors with patients, families, including those who are angry and frustrated; and all members of the health care team
- Demonstrate ability to convey clinical information accurately and concisely in oral presentations and in chart notes

Practice Based Learning and Improvement Objectives and Competencies:

- PBLI-1: Locates, appraises, and simulates evidence from scientific studies related to the patients' health problems
- PBLI-2: Demonstrates self-directed learning
- PGLI-3: Improves systems in which the physician provides care

Objectives:

- All interns should understand his or her limitations of knowledge and judgment; ask for help when needed; and be self-motivated to acquire knowledge
- Accept feedback, learn from own errors and develop self-improvement plans
- Use information technology to manage information and access on-line medical information
- Interns should learn how to use knowledge of study designs and statistical methods to the critical appraisal of clinical studies and apply to the care of patients

Professionalism Objectives and Competencies:

- PROF-1: Completes a process of professionalization
- PROF-2: Demonstrates professional conduct and accountability
- PROF-3: Improves systems in which the physician provides care

Objectives:

- Demonstrate respect, compassion, and integrity
- Demonstrate a commitment to excellence and on-going professional development
- Demonstrate a commitment to ethical principles pertaining to provision or withholding of clinical care, confidentiality of patient information, informed consent, and other aspects of clinical care
- Develop an appreciation for the ethical, cultural and socioeconomic dimensions of illness, demonstrating sensitivity and responsiveness to patients' culture, age, gender, and disabilities
- Residents should display initiative and leadership; be able to delegate responsibility appropriately
- Accepts responsibility and follows through on tasks (PROF-2).

Systems Based Practice Objectives and Competencies

- SBP-1: Provides cost-conscious medical care
- SBP-2: Emphasizes patient safety
- SBP-3: Advocates for individual and community health



- SBP-4: Coordinates team-based care

Objectives:

- Work effectively with others (such as nurses, secretaries, interpreters, technicians) as a member of a health care team
- Advocate for quality patient care and assist patients in dealing with system complexities (SBP-3)
- Residents should develop proficiency in leading the health care team, organizing and managing medical care
- Learn the cost-effective use of diagnostic and therapeutic technology (SBP-1)