



Musculoskeletal (Urgent Care) Curriculum

NGMC- Family Medicine Residency Program- Gainesville, Ga

PGY-1

Description of Rotation:

This is a two-week block Urgent Care experience with the attendings that are doing urgent care medicine. Residents will see urgent care patients doing shift work in the urgent care centers as well as seeing urgent care patients longitudinally that present in Family Medicine Practice center.

The resident will have one on one preceptorship with the Urgent Care Clinical Instructor, will learn through hands on care of patients and receive impromptu lectures, guided by the provided didactic curriculum.

Goals and Objectives:

PATIENT CARE OBJECTIVES AND COMPETENCIES

During this rotation the resident will:

- Demonstrate effective, compassionate communication when interacting with patients and their families.
- Assess acutely ill, unstable and injured patients in a timely fashion. **(PC-1; L1)**
- Gather focused, essential and accurate information about the patient, which may be from multiple sources. **(PC-1; L1)**
- Be confident in performing a directed examination as well as essential examination of other organ systems pertinent to the problem presented.
- Perform physical examinations commonly encountered in the Urgent Care setting; exhibit knowledge of specific criteria required by the requesting agency;
- identify special instances that may require referral for further evaluation, before medical clearance is obtained. **(PC-1: L3)**
- Such examinations include:
 - ✓ Sports Physical
 - ✓ Summer Camp Physical
 - ✓ College Physical
 - ✓ Special Olympics Preparticipation Physical
 - ✓ Daycare Attendant Physical
- Carry out patient management plan under direct guidance of the Clinical Instructor during rotation, and independently, during the longitudinal learning.
- Perform competently the common urgent care procedures **(PC-5; L1)**
- Counsel and educate patients and their family regarding their condition, management plan, and prevention of future recurrences. **(PC-3; L3)**

MEDICAL KNOWLEDGE OBJECTIVES AND COMPETENCIES

The resident must demonstrate solid knowledge of Urgent Care Medicine. This encompasses established and evolving biomedical, clinical, and cognate (e.g. epidemiological and social-behavioral) sciences and the application of this learned skill to patient care.

The resident is expected to evaluate and manage common symptoms as well as common diagnoses in patients presenting emergently and urgently **(MK-2; L2)**



- Trauma
- Bites and Stings
- Chest Pain
- Heat and Cold Injuries
- Hypersensitivity reactions
- Renal Colic
- Acute Cystitis and Pyelonephritis
- Acute neurological disorders
- EKG
- DVT

The resident is expected to recognize immediately the conditions that need stabilization and referral to the specialist for further management.

At the end of this rotation, the resident is expected to:

- Know which cost-effective tests to recommend that will acutely change patient's outcome. **(MK-1; L4)**
- Interpret test results in the context of care of the specific patient, considering age-appropriate normal values/variants for laboratory, radiologic studies and the EKG **(MK-1; L4)**
- Determine when and how soon a referral to the specialist is indicated **(MK-2; L3)**.

SYSTEM BASED LEARNING OBJECTIVES AND COMPETENCIES

Resident must demonstrate an awareness of and responsiveness to the larger context and system of health care and the ability to call on system resources to provide care that is of optimal value.

At the end of this educational experience, the resident is expected to:

- Know when and how soon a referral to the Specialist is indicated; understand the mechanism of, and how to coordinate, transfer of care. **(SBP-4; L3)**
- Know how to provide clear, concise and relevant patient information when communicating with the Specialist. **(SBP-4; L4)**
- Know how to cost-effectively determine which ancillary imaging or laboratory studies to order and which medications to prescribe without compromising quality of care. **(SBP-1; L2)**
- Understand the role of the Urgent Care physician as one of the hinges in the health care delivery system; ensure Patient Safety and prevent medical error through adequate documentation and effective communication with the patient and the healthcare team. **(SBP-2; L2)**

PRACTICE BASED LEARNING OBJECTIVES AND COMPETENCIES

Residents should be able to self-evaluate, appraise and assimilate scientific evidence and improve their patient care practices.

During this rotation, the resident is expected to develop skills and habits to be able to:

- Self-critique: Identify the strengths and limits of one's expertise; use self-reflection to drive own learning and improvement; incorporate formative evaluation and feedback into daily practice. **(PBL-2; L1)**



- Navigate own education: Be ultimately responsible for completion of each rotational competencies by taking advantage of available resources; locate, appraise and assimilate evidence from scientific studies pertinent to patients' health problems; use information technology to optimize learning. **(PBL-2; L3)**

PROFESSIONALISM OBJECTIVES AND COMPETENCIES

Residents should demonstrate a commitment to carrying out professional responsibilities, adherence to ethical principles, and sensitivity to a diverse patient population.

During this educational experience, the resident is expected to exhibit:

- Responsiveness to patient needs that supersedes self-interest **(PROF-1; L2)**
- Respect for patient privacy and autonomy **(PROF-2; L1)**
- Sensitivity and responsiveness to a diverse patient population, including but not limited to diversity in gender, age, culture, race, religion, disabilities, and sexual orientation **(PROF-3; L2)**

INTERPERSONAL AND COMMUNICATION SKILLS OBJECTIVES AND COMPETENCIES

Residents must be able to demonstrate interpersonal and communication skills that result in effective information exchange and teaming with patients, their patients' families and professional associates.

During this educational experience, the resident is expected to:

- Communicate effectively with patients and families across a broad range of socioeconomic and cultural backgrounds **(C-2; L1)**
- Communicate effectively with physicians, other health professionals, and health related agencies **(C-3; L2)**
- Work effectively as a member of the health care team **(C-3; L3)**

Assessment Method:

A system of ongoing evaluation will ensure that the resident has successfully achieved each competency using multiple evaluation tools.

The *360-degree Evaluation* will be based on feedback from each specialist.

The written evaluations will be part of the Fellow's personal record that is accessible to the learner for review and personal improvement.