



Behavioral Health Longitudinal Curriculum
NGMC- Family Medicine Residency Program
Gainesville, Ga

PGY: 1-3

Description of Rotation:

This is a longitudinal Behavioral Health experience with direct supervision by a Behavioral Health Specialist. Supplemental longitudinal learning in the FMP supervised by Family Physician Faculty is also expected. Community based learning will take place in an inpatient/outpatient based behavioral health settings under the supervision of a psychiatrist, counselors and social workers. Additional experiential learning will occur during didactics, Balint groups and specific assignments.

Overall Goals of Behavioral Health Longitudinal Curriculum:

Residents will learn to provide evidence-based, compassionate, comprehensive behavioral health skills and resources for incorporation into the practice of family medicine. This rotation will facilitate a broader view of behavioral health through encounters with families and patients who are experiencing behavioral health and social issues. Residents will also become familiar with levels of behavioral health services through a visit to community mental health providers. Residents will learn about a range of psychiatric disorders; how to refer patients for psychiatric, behavioral health and social services as well as collaboration with medical, behavioral health and social service providers to meet the multi-level health needs of patients and their families. Residents will learn how to conduct a diagnostic interview, administer and interpret common behavioral screening tools (PHQ-9, GAD-7 and AUDIT). During patient and family interactions, the resident will demonstrate empathy and motivational interviewing skills.

Patient Care Objectives and Competencies

PC-1: Cares for Acutely ill or injured patients in urgent and emergent situations in all settings.

PC-2: Cares for patients with chronic conditions.

PC-3: Partners with the patient, family, and community to improve health through disease prevention and health promotion.

PC-4: Partners with the patient to address issues of ongoing signs, symptoms, or health concerns that remain over time without clear diagnosis despite evaluation and treatment, in a patient-centered, cost-effective manner.

Objectives:

1. Demonstrate the ability to effectively interview patients to gather biological, psychological and social information and formulate diagnosis and therapeutic plans. (PC-1, PC-3/level-2)
2. Collect clinical information and recognize the psychological impact of chronic health conditions and its social impact on patients and their families (PC-2/level-2)
3. Visit community behavioral health agencies to learn about behavioral health resources, treatment levels and clinical criteria (PC-1, PC-2, PC-3/level-2)
4. Demonstrates empathy and evidence-based care related to undifferentiated health concerns while utilizing appropriate consultations and diagnostic testing (PC-4/level-2)

Medical Knowledge Objectives and Competencies

MK-1: Demonstrates medical knowledge of sufficient breadth and depth to practice family medicine.

MK-2: Applies critical thinking skills in patient care.

Objectives:

1. Familiarity with the Diagnostic and Statistical Manual of Mental Disorders, 5th edition (DSM-5) nomenclature of mental health disorders (MK-1/level-1)



2. Demonstrate the ability to score and interpret the Patient Health Questionnaire (PHQ-9), Generalized Anxiety Disorder (GAD-7), Alcohol Use Disorders Identification Test (AUDIT) as well provide treatment direction (MK-1, MK-2/level-2)
3. Describe the initial assessment and management of a patient experiencing suicidality as well as other conditions that constitute a “psychiatric emergency.” (MK-1, MK-2/level-2)
4. Develop a basic knowledge of the following mental disorders commonly seen in Family Medicine (MK-1, MK-2/level-2):
 - a. Bipolar and related disorders
 - b. Depressive disorders
 - c. Anxiety disorders
 - d. Substance-Related and Addictive disorders
 - e. Feeding and eating disorders
 - f. Sleep-wake disorders
 - g. Neurodevelopmental disorders
 - h. Somatic symptom and related disorders
 - i. Trauma and stressor-related disorders

Topics to cover in rotation:

MK Topic	On-Line Resource
DSM-5	https://www.psychiatry.org/psychiatrists/practice/dsm/about-dsm
PHQ-9	https://www.aafp.org/afp/2012/0115/p139.html
GAD-7	https://www.aafp.org/afp/2015/0501/p617.html
AUDIT	http://auditscreen.org/
Bipolar and Depressive disorders	https://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=6
Anxiety disorders	https://www.aafp.org/afp/2008/0815/p501.html
Substance-Related and Addictive disorders	https://www.aafp.org/afp/2013/0715/p113.html
Feeding and eating disorders	https://www.aafp.org/afp/2008/0815/p187.html
Sleep-wake disorders	https://www.aafp.org/afp/2013/0815/p231.html
Somatic symptom and related disorders	https://www.aafp.org/afp/2016/0815/p49.html
Trauma and stressor-related disorders	https://www.aafp.org/afp/2013/1215/p827.html

Interpersonal and Communication Skills Objectives and Competencies

- C-1: Develop meaningful, therapeutic relationships with patients and families.
- C-2: Communicates effectively with patients, families, and the public.
- C-3: Develops relationships and effectively communicates with physicians, other health professionals, and health care teams.
- C-4: Utilizes technology to optimize communication



Objectives:

1. Communicates in verbal and non-verbal ways which convey respect, empathy, and cultural sensitivity to all persons (C-1, C-2/level-2)
2. Recognizes physical, cultural, psychological and social barriers to communication (C-2/level-2)
3. Communicates in ways that build up interdisciplinary team and interagency collaboration (C-3/level-2)
4. Recognizes ethical and legal implications of using technology to document and communicate (C-3, C-4/level-2-3)
5. Familiarity with Motivational Interviewing and Robert Carkhuff's Helping Model (C-1, C-2/level 3)

Practice Based Learning and Improvement Objectives and Competencies:

PBLI-1: Locates, appraises, and simulates evidence from scientific studies related to the patients' health problems

PBLI-2: Demonstrates self-directed learning

PGLI-3: Improves systems in which the physician provides care

Objectives:

1. Critically evaluates information from scholarly literature about behavioral health conditions and treatment (PBLI-1, PBLI-2/level-2)
2. Ability to discuss content of recommended readings with faculty (PBLI-2/level2)
3. Recognizes inefficiencies, variation and quality gaps in behavioral healthcare delivery in Family medicine (PBLI-3/level-3)

Professionalism Objectives and Competencies:

PROF-1: Completes a process of professionalization

PROF-2: Demonstrates professional conduct and accountability

PROF-3: Demonstrates humanism and cultural proficiency

PROF-4: Maintains emotional, physical, and mental health; and pursues continual personal and professional growth

Objectives :

1. Through support and Balint groups, the Resident-Physician will explore his/her beliefs, attitudes, values toward patients and families affected by mental health disorders (PROF-1/level2)
2. Attends to responsibilities and completes duties in a timely manner while asking for assistance when needed (PROF-1, PROF-2/level-2)
3. Recognizes and responds appropriately to signs of stress or impairment in self and team members (PROF-4/level-2)
4. Consistently displays an attitude and manner that conveys acceptance of diverse individuals and groups (PROF-2, PROF-3/level-2)
5. Monitor personal and professional progress in the areas of wellness including: mental, physical and social health (PROF-4/level-2)

Systems Based Practice Objectives and Competencies

SBP-1: Provides cost-conscious medical care

SBP-2: Emphasizes patient safety

SBP-3: Advocates for individual and community health

SBP-4: Coordinates team-based care

Objectives :

1. Gain understanding of health care resources and costs impact on patients, families and the health care system (SBP-1/level-2)
2. Learn about screenings and procedures for issues such as abuse, medical errors and promotion of patient safety (SBP-2/level-2)
3. Demonstrate the ability to analyze resources within the community and the potential impact Family Physicians can positive impact community health (SBP-3, SBP-4/level-2)