



Longitudinal Geriatrics/Nursing Home Curriculum

NGMC- Family Medicine Residency Program

Gainesville, Ga

PGY: 1-3

Description of Rotation:

Family Medicine Residents will admit and follow their patients that are appropriate for a long-term care setting. During their three years of residency they will make monthly nursing home rounds and participate in Geriatrics Lecture/teaching at the nursing facility. They will respond to and cover call on nursing home patients while on their rotations. Utilizing practice partners, they will respond to the needs of their nursing home patients as acute care needs arise.

Overall Goals of Geriatrics/Nursing Home Curriculum:

- To acquire knowledge and skills in the care of chronically ill patients;
- To recognize and treat common acute problems/disease that occur in this population of patients;
- Respect and recognize the patient's goals for health care when maintaining/restoring function or providing end of life care,
- Develop skills of interaction with the interdisciplinary team at the nursing home level,
- Develop skills and knowledge in palliative and End of Life care in nursing homes.

Patient Care Objectives and Competencies

PC-1: Cares for Acutely ill or injured patients in urgent and emergent situations in all settings.

PC-2: Cares for patients with chronic conditions.

PC-3: Partners with the patient, family, and community to improve health through disease prevention and health promotion.

PC-4: Partners with the patient to address issues of ongoing signs, symptoms, or health concerns that remain over time without clear diagnosis despite evaluation and treatment, in a patient-centered, cost-effective manner.

Objectives:

- Perform comprehensive, standardized geriatric assessments and develop patient specific treatment plans that incorporate the patient's goals of care, optimize function, and alleviate symptoms
- Recognize practice limitations and seek consultation with other health care professionals when necessary to provide optimal care for older adults
- Development of problem lists in practical, clinical, functional, psychological, and social terms

Medical Knowledge Objectives and Competencies

MK-1: Demonstrate medical knowledge of sufficient breadth and depth to practice family medicine.

MK-2: Applies critical thinking skills in patient care.

Objectives:

Residents should obtain mastery of:

- Risks points and adverse outcomes in geriatric care
 - Polypharmacy
 - Transitions of care



- Nonrecognition of treatable illness
- Iatrogenic illness
- Treatment that does not consider goals of care
- Functional impairment, immobilization, and associated consequences
- Cognitive impairment and associated consequences
- Inappropriate institutionalization
- Unsupported family/caregivers
- Financial aspects of health care, with understanding of Medicare, Medicaid, and how various types of housing and long-term care housing options are financed
- Evaluation of the cognitive status of older adults

Interpersonal and Communication Skills Objectives and Competencies

C-1: Develop meaningful, therapeutic relationships with patients and families.

C-2: Communicates effectively with patients, families, and the public.

C-3: Develops relationships and effectively communicates with physicians, other health professionals, and health care teams.

C-4: Utilizes technology to optimize communication

Objectives:

- Integration of factors of the patient's family life, home life, and general lifestyle into the diagnostic and therapeutic process
- Participation with an interdisciplinary team in transitions of care to ensure that accurate data (e.g., acute events, medical history, medications, allergies, baseline 7 cognitive and functional status, advance care plan, responsible physician) are well documented, that the patient and/or family understand the plan of care, and that the follow-up plan is clearly outlined

Practice Based Learning and Improvement Objectives and Competencies:

PBLI-1: Locates, appraises, and simulates evidence from scientific studies related to the patients' health problems

PBLI-2: Demonstrates self-directed learning

PGLI-3: Improves systems in which the physician provides care

Objectives:

- Develop evidence-based care plans

Professionalism Objectives and Competencies:

PROF-1: Completes a process of professionalization

PROF-2: Demonstrates professional conduct and accountability

PROF-3: Improves systems in which the physician provides care

Objectives:

- Demonstrate respect and compassion in dealing with a vulnerable population.
- Utilize practice partners to provide cross coverage of patient panel.



Systems Based Practice Objectives and Competencies

SBP-1: Provides cost-conscious medical care

SBP-2: Emphasizes patient safety

SBP-3: Advocates for individual and community health

SBP-4: Coordinates team-based care

Objectives:

- Attendance to patient safety concerns (e.g., fall risk, hydration, nutrition, bladder and bowel function, skin integrity, inappropriate medications) in the assessment and management of older adults across care settings
- Develops systems to improve safety when concerns arise.