



Obesity Medicine Elective

NGMC- Family Medicine Residency Program
Gainesville, GA

PGY 1, 2, 3

Description of Rotation:

The Obesity rotation is a 4-week block rotation during the 1st, 2nd, or 3rd year of residency training. Residents will work one-on-one with attendings and other providers in the obesity center and in the outpatient setting as well as off-site locations.

Overall Goal of Rotation:

Clinical experience with outpatient care of obese patients forms the primary teaching approach. Residents acquire practical skills and preventive strategies from attending physicians, behaviorists, nutritionists, and other healthcare professionals. Attendings cover indications, contraindications, complications, and interpretation of diagnostic tests and medications used in the management of Obesity. Residents also engage in online modules, assigned readings to enhance their learning.

Rotation Location(s): NGPG Family Medicine – Gainesville
1439 Jesse Jewell Pkwy Ste 102
Gainesville GA 30501

NGPG Obesity Clinic
Lanier Park – Entrance A: Suite 260
675 White Sulphur Rd, Gainesville, GA 30501

NGPG Thompson Bridge
1856-14 Thompson Bridge Rd,
Gainesville, GA 30501

Preceptor(s): Kathryn Dudas MD Christina Nguyen MD Tuhina Patel MD
Anna Powell MD Saima Hussain MD

Sample PGY2 Rotation Schedule

M	T	W	TH	F	Sat	Sun
Obesity Clinic	FM clinic	FM Clinic	Obesity Clinic	Obesity Clinic	Call eligible	Call eligible
Obesity Clinic	FM Clinic	Didactic Half Day	Modules	Obesity Clinic	Call eligible	Call eligible

Sample PGY3 Rotation Schedule

M	T	W	TH	F	Sat	Sun
Obesity Clinic	FM clinic	Obesity Clinic	Obesity clinic	FM Clinic	Call eligible	Call eligible
Obesity clinic	FM Clinic	Didactic Half Day	Modules	FM clinic	Call eligible	Call eligible



Patient Care:	
PGY level	By the end of the rotation:
1-3	Perform a comprehensive history and physical examination of the adult patient with obesity (PC-1)
1-3	Evaluate and treat patients with obesity and underlying complications of obesity syndrome. (PC-1)
1-3	Develop an understanding of the utility of referring patient for bariatric surgery (PC-5)
1-3	Develop skills to provide adequate, compassionate communication between the patient and multi-disciplinary team (PC-3)
1-3	Describe reasonable and safe methods of outpatient follow up of patients with obesity (PC-4)

Medical Knowledge Objectives and Competencies:	
PGY level	By the end of the rotation:
1-3	Analyze normal anatomy and physiology of the gastrointestinal system involved in bariatric surgery. Develop an understanding of pathophysiology, presentation, physical findings, required laboratory findings and treatments of Obesity. (MK-2)

Interpersonal and Communication Skills:	
PGY level	By the end of the rotation, the resident will:
1-3	Develop rapport and builds therapeutic relationships with patients (C-1)
1-3	Communicate effectively with patients and families. (C-2)
1-3	Communicate effectively with physician colleagues at all levels (C-3)
1-3	Communicate effectively with all non-physician members of the health care team to ensure comprehensive and timely care of patients. (C-3)
1-3	Present information concisely and clearly both verbally and in writing on patients. (C-4)

Systems Based Practice Objectives and Competencies:	
PGY level	By the end of the rotation, the resident will:
1-3	Understand and utilize the multidisciplinary resources necessary to care optimally for patients. (SBP-1)
1-3	Use evidence based and cost-effective diagnostic and treatment strategies. (SBP-1)
1-3	Use evidence-based, cost-conscious strategies in the care of ambulatory patients. (SBP-1)
1-3	Describe when to ask for help and advice from senior residents and attending physicians. (SBP-2)
1-3	Effective collaboration with other members of the health care team, including residents at all levels, medical students, nurses, clinical pharmacists, occupational therapists, physical therapists, nutrition specialists, patient educators, social workers, case managers, and providers of home health services to advocate for patients (SBP-3)
1-3	Knowing when and how to refer patients to specialists, and how best to utilize the advice provided. (SBP-4)



Practice Based Learning and Improvement Objectives and Competencies:	
PGY level	By the end of the rotation, the resident will:
1-3	Commitment to professional scholarship, including systematic, critical perusal of relevant print and electronic literature, with emphases on integration of basic science with clinical medicine, and evaluation of information considering principles of evidence-based medicine (PBLI-1)
1-3	Identify and acknowledge gaps in personal knowledge/skills in the care of ambulatory patients. (PBLI-2)
1-3	Willingness and ability to incorporate faculty feedback into clinical/academic performance and participate in system change (PBLI-3);

Professionalism Objectives and Competencies:	
PGY level	By the end of the rotation, the resident will:
1-3	Acceptance of professional responsibility as the primary care physician for patients under his/her care (PROF-1)
1-3	Willingness to acknowledge errors when committed and perform self-analysis to avoid future similar mistakes (PROF-2)
1-3	Behaves with humanistic qualities of respect, compassion, integrity, and honesty in all patient/staff interactions with similar and differing cultures (PROF-3);
1-3	Understand ethical concepts of confidentiality, consent, autonomy and justice. (PROF-3)
1-3	Display professionalism through integrity, altruism and resolving conflict of interest. (PROF-4)

Teaching Methods	
Clinical Teaching	Faculty Role Modeling
Case Based Teaching	Supervised Clinical Management
Didactic	Guided Research
Research Scholarly requirement: (refer to scholarly activity or discuss and we will add)	
Patient Oriented Point of Care Research	Critical Appraisal Topic

Supervision/Evaluation:
Resident will work one-on-one and be supervised by board certified family medicine physician with additional certification in Obesity Medicine. While the resident will interact with several health care providers, supervision of patient care, behavior and diagnostic interpretations will be provided by the preceptor. The faculty preceptor will directly observe patient care and the performance of all procedures.

Assessment Methods	
Direct Observation	Procedure evaluation
End of Rotation Evaluation	Chart Review
Evaluation of Journal Club	Procedure Log
Case Log	Direct Feedback



EPA's

1. (EPA 2) Care for patients and families in multiple settings (PC 1, 2, 3, 4)
2. (EPA 6) Evaluate and manage undifferentiated symptoms and complex conditions (MK 1, 2)
3. (EPA 7) Diagnose and manage chronic medical conditions and multiple co-morbidities (SBP 1, 2, 4)
4. (EPA 9) Diagnose and manage acute illness and injury (PBL 1, 3)

Residency Outcomes

- Assess priorities of care for individual patients across the continuum of care—in-office visits, emergency, hospital, and other settings-- balancing the preferences of patients and medical priorities
- Evaluate, diagnose, and manage patients with undifferentiated symptoms, chronic medical conditions, and multiple comorbidities
- Effectively lead, manage, and participate in teams that provide care and improve outcomes for the diverse populations and communities they serve

Resources: Required Reading

- Residents are required to purchase the OMA modules for obesity (\$200). The modules should be completed. Please use your CME funds. <https://obesitymedicine.org/student-education/>
- Listen and take the quizzes on AMA podcast on Obesity management and counseling.
- Residents must attend 3 patient education sessions held during the month. Two sessions can be virtual, and 1 session must be in person.
- <https://edhub.ama-assn.org/collections/5791/obesity>