



Longitudinal Geriatrics and Nursing Home Curriculum

PGY: 2-3

NGMC- Family Medicine Residency Program
Gainesville, Ga

Description of Rotation:

Family Medicine Residents will admit and follow their patients that are appropriate for a long-term care setting. During their PGY2 and PGY3 years of residency they will make monthly nursing home rounds and participate in Geriatrics Lecture/teaching at the nursing facility. They will respond to and cover call on nursing home patients while on their rotations. Utilizing practice partners, they will respond to the needs of their nursing home patients as acute care needs arise.

Overall Goals of Geriatrics and Nursing Home Curriculum:

- to acquire knowledge and skills in the care of chronically ill patients.
- to recognize and treat common acute problems/disease that occur in this population of patients.
- respect and recognize the patient's goals for health care when maintaining/restoring function or providing end of life care,
- develop skills of interaction with the interdisciplinary team at the nursing home level,
- develop skills and knowledge in palliative and End of Life care in nursing homes.

Preceptor(s): Dr. Swati Guar

Dr. Monica Newton - Osteopathic Preceptor

Location(s): New Horizons NH – Limestone
2020 Beverly Rd
Gainesville, GA 30501

New Horizons NH – Lanier Park
675 White Sulphur RD
Gainesville, GA 30501

Patient Care:	
PGY level	Educational goals & objectives
2-3	Perform comprehensive, standardized geriatric assessments and develop patient specific treatment plans that incorporate the patient's goals of care, optimize function, and alleviate symptoms (PC-1, 2)
2-3	Recognize practice limitations and seek consultation with other health care professionals when necessary to provide optimal care for older adults (PC-4)
2-3	Develop problem lists in practical, clinical, functional, psychological, and social terms (PC-2,3)

Medical Knowledge Objectives and Competencies	
PGY level	Educational Goals and Objectives (MK-1, 2)
2-3	Obtain mastery of risk points and adverse outcomes in geriatric care (MK-1, 2) <ol style="list-style-type: none"> Polypharmacy Transitions of care Nonrecognition of treatable illness Iatrogenic illness Treatment that does not consider goals of care Functional impairment, immobilization, and associated consequences Cognitive impairment and associated consequences Inappropriate institutionalization Unsupported family/caregivers



2-3	Comprehend financial aspects of health care, with understanding of Medicare, Medicaid, and how various types of housing and long-term care housing options are financed (MK-1, 2)
2-3	Master evaluation of the cognitive status of older adults (MK-1, 2)

Interpersonal and Communication Skills

PGY level	Educational goals & objectives
2-3	Integrate factors of the patient's family life, home life, and general lifestyle into the diagnostic and therapeutic process (C-1, 2)
2-3	Participate with an interdisciplinary team in transitions of care to ensure that accurate data (e.g., acute events, medical history, medications, allergies, baseline 7 cognitive and functional status, advance care plan, responsible physician) are well documented, that the patient and/or family understand the plan of care, and that the follow-up plan is clearly outlined (C-3, 4)

Systems Based Practice Objectives and Competencies

PGY level	Educational goals & objectives
2-3	Attend to patient safety concerns (e.g., fall risk, hydration, nutrition, bladder and bowel function, skin integrity, inappropriate medications) in the assessment and management of older adults across care settings (SBP-2, 3)
2-3	Develop systems to improve safety when concerns arise (SBP-2, 3)
2-3	Practice cost-effective health care and resource allocation that does not compromise quality of care (SBP-1)
2-3	Know how to partner with health care managers and health care providers to assess, coordinate, and improve health care and know how these activities can affect system performance (SBP-4)

Practice Based Learning and Improvement Objectives and Competencies

PGY level	Educational goals & objectives
2-3	Develop evidence-based care plans (PBL-1)
2-3	Locate, appraise, and assimilate evidence from scientific studies related to their patients' health problems (PBLI-2)
2-3	Facilitate the learning of students (PBLI-3)

Professionalism Objectives and Competencies

PGY level	Educational goals & objectives
2-3	Demonstrate respect and compassion in dealing with a vulnerable population (PROF-1)
2-3	Utilize practice partners to provide cross coverage of patient panel (PROF-1)
2-3	Demonstrate sensitivity and responsiveness to patients' culture, age, gender, and disabilities Willingness to acknowledge errors when committed and perform self-analysis to avoid future similar mistakes (PROF-1, 2)

Teaching Methods

Clinical Teaching	Faculty Role Modeling
Case Based Teaching	Supervised Clinical Management
Didactic	Guided Research
Chart Audit	



Supervision:

Resident will work one-on-one and be supervised by board certified physicians/geriatrics/hospice. While the resident will interact with several health care providers, supervision of patient care, behavior and diagnostic interpretations will be provided by the preceptor. The faculty preceptor will directly observe patient care and the performance of all procedures.

EPA's

Care for patients and families in multiple settings (EPA 2)

Evaluate and manage undifferentiated symptoms and complex conditions (EPA 6)

Diagnose and manage chronic medical conditions and multiple co-morbidities (EPA 7)

Manage end-of-life and palliative care (EPA 12)

Develop trusting relationships and sustained partnerships with patients, families and communities (EPA 15)

In the context of culture and health beliefs of patients and families, use the best science to set mutual health goals and provide services most likely to benefit health (EPA 17)

Resources: Suggested Reading

Basic Geriatric Care	http://medicine.emory.edu/geriatrics-gerontology/education/big-10.html
Dementia	http://www.geriatricsatyourfingertips.org/
Fall Prevention	http://www.merckmanuals.com/professional/geriatrics/falls-in-the-elderly/falls-in-the-elderly
Delirium	http://www.merckmanuals.com/professional/neurologic-disorders/delirium-and-dementia/delirium
Pressure Ulcers	http://www.merckmanuals.com/professional/dermatologic-disorders/pressure-ulcers/pressure-ulcers
Pharmacology in the Elderly	https://www.dcri.org/trial-participation/the-beers-list/
Unintentional Weight Loss	http://www.medscape.com/viewarticle/555217
Dermatology in the Elderly	http://www.ncbi.nlm.nih.gov/pubmed/23522421
Osteopathic Curriculum: Somatic Dysfunctions in Osteopathic Family Medicine, 2 nd edition	Chapter 16 – The Geriatric Patient Read pages 167 - 182 View PowerPoint on <i>The Geriatric Patient</i> Chapter 17 – The Patient at the End of Life Read pgs. 183 – 194 View PowerPoint on <i>The Patient at the End of Life</i>
Osteopathic Curriculum: OMT Video Library	View videos under <i>Gait Impairment</i> View videos under <i>Lateral Epicondylitis</i> View videos under <i>Psoas Syndrome</i>
Osteopathic Curriculum: Foundations of Osteopathic Medicine, 4 th edition	Review pgs. 1417-1446 (Orthopedics) Read pgs. 1447 - 1457 (General Surgery)